



# Te wāhanga ako o Te Waiora Ngā Tau 0–10

28 Hānuere 2026

**Te Aronga 1:** Te whakatakoto i tētahi marautanga e tōtōpū nei ōna mōhiotanga, e takea mai ana i te rangahau e pā ana ki ngā ara ako.

**E harikoa ana mātou ki te whakarewa i te tuhinga hukihuki o te wāhanga ako o Te Waiora mō Ngā Tau 0–10 i roto i Te Marautanga o Aotearoa.**

E tuwhera ana te wā arotake i ngā kōrero hukihuki o te wāhanga ako o Te Waiora, i Te Marautanga o Aotearoa mō Ngā Tau 0–10. E takoto ana ngā kōrero i konei.

Ko tā te pānui nei he whakarāpopoto i ngā āhuatanga matua o te whakahoutanga o tēnei wāhanga ako me ngā kai ka kitea i ia whenu. Kei konei hoki ētahi mōhiotanga e pā ana ki ngā ara e wātea ana kia whai wāhi mai ai koe ki te tukanga arotake me ngā momo tautoko ka taea e mātou te tuku hei hāpai i tō whai wāhi mai.

## Ngā āhuatanga matua hei kapo māu

- Ka whakakapi a Te Waiora i te wāhanga ako o mua, arā ko Te Hauora, i Te Marautanga o Aotearoa. Ka whakatairangatia te waiora taumano, ā, ko ngā mātāpono o Te Hauora te tūāpapa e hua mai ai te taurite me te aumārire i te ora me te noho. Ko tā Te Hauora he āhukahuka i ngā hononga rau o te oranga me te hauora, ā, ko tā Te Waiora he whakaata i te taurite o ngā hononga i waenga i te tangata, i te wāhi me ngā wheako.
- Mā roto mai i ngā mahi ako, ka ākina te mokopuna ki te whakatinana i ōna āhuatanga tūturu, ki te whakahīhi hoki ki ōna anō āhua. Ka whakatairanga a Te Waiora i te ngahau, i te angitu me te māha i roto i te whai wāhitanga ki te korikori me ngā nekehanga tinana, ā, ka whakapakari hoki i te tūoho whaiaro, i ngā āheinga kare ā-roto, me te manawaroa pāpori.
- Ka ako te mokopuna mō te kai me te taiora, ā, ka whakawhanake i tana mōhiotanga mō ngā kōwhiringa kai me ngā ritenga kai e hauora ana hei tautoko i te taiora tika me te ngao hei hāpai i tana tipu me tana mahi. Ka hōpara te mokopuna i te tinana me te tipu o te tinana, ā, ka ako i ngā panonitanga o te tinana i roto i ngā tau, tae noa ki te tipu, ki te whanaketanga, me ngā āhua e whakaaweawe ana i te waiora o te taha tinana me te taha hinengaro.

- E wātea ana ngā mātua me ngā whānau o ngā mokopuna e kuraina ana ki ngā kura ā-motu ki te tono ā-tuhi ki te tumuaki, ki tētahi atu tangata rānei e ārahi ana i ngā mahi ako, kia whakawāteahia tana mokopuna i ngā akoranga i ētahi wāhanga motuhake o te wāhanga ako o Te Waiora, arā, i ngā akoranga e hāngai ana ki te hōkakatanga. Kia eke ki Te Tau 8, ka whakatakina ētahi akoranga e whāiti ana ki te hōkakatanga i tēnei wāhanga ako, e māmā ake ai te tautohu i ngā kai ka hāngai pea ki te akoranga hōkakatanga e ai ki tā te whānau titiro.

## Ngā āhuatanga ka kitea i te wāhanga ako o Te Waiora

### Putā noa i ngā tau i te kura

- Ka āta kitea i tēnei wāhanga ako he raupapa whakaako e whanake ana i ia tau, ā, ka tautokona te mokopuna ki te koke atu i te hōpara i te tuakiri, i ngā kare ā-roto, me ngā ritenga haumarū i Te Tūārere 1 ki te whakahaere i ngā pūāhua pāpori e tuatini ana, ki te whakawhāiti i ngā āheinga nekehanga, ki te arotake hoki i ngā mahi waiora e matatika ana, e hono ana hoki ki te hāpori i Te Tūārere 4.
- Ka kitea hoki ngā raupapa ako e āmiki ana i Ngā Tau 0–10, ā, ka whakamahia te kīanga ‘ka mōhio te mokopuna’ me te kīanga ‘ka whakaatu te mokopuna i tōna mōhio’ hei wāhanga mō te raupapa whakaako. Mā roto mai i ēnei whanaketanga i ia tau, ka ariari ki te kaiako, ka mātua whai hoki kia āta whakaraupapahia, kia whai hononga hoki ngā mahi ako i roto i ngā taumata ako.
- Kua whakaritea a Te Waiora ki ngā whenu e whā, ā, ka aro ki te whakawhanaketanga o ngā mokopuna tūwhena, e rite ai rātou ki te tū hei rangatira ā tōna wā, e arohaehae ai, e auaha ai hoki ngā whakaaro, e rite ai hoki ki te mahi tahi ki ētahi atu. Ko ngā whenu e whā, ko:
  - Te Waiora Whaiaro
  - Te Waiora Hinengaro, te Waiora Kare ā-Roto hoki
  - Te Waiora Tinana
  - Te Waiora Taiao
- I ngā tau e ono i te tīmatanga o te kura, ka whakaako pūtahitia ngā whenu katoa. Kia eke ki te Tau 7, ka whakawhānui te mokopuna i tana mōhiotanga, ā, ka whakarite mō ngā wāhanga ako e whāiti ana.

### Te Waiora Whaiaro

- Te Tūārere 1: Ka hōpara te mokopuna i te tuakiri, i te tipu, me ngā kare ā-roto mā roto mai i ngā ritenga o ia rā me ngā ngohe e arahina ana. Ka ako ia i ngā rautaki māmā mō te haumarū me te tiaki i ia anō, ka whakawhanake i te noho huānga me te māia.
- Te Tūārere 2: Ka huri te aronga ki te whakahaere i a ia anō me te mana motuhake. Ka whakaharatau ngā mokopuna i te whakataunga kōwhiringa, i te whakaute pae whaiaro, me te huritao mō te waiora i runga i ngā rārangi tiroiro me te kōrero whaiaro.
- Te Tūārere 3: Ka ako te mokopuna mō te tipuranga me te whanaketanga o te taiohi, ka arohaehaetia ngā karere waiora, ka whakamahia hoki ngā rautaki mō te manawaroa me te ngākau aroha i ngā horopaki pāpori e panoni haere ana.

- Te Tūārere 4: Ka whakatōpū te mokopuna i te tuakiri me te manawaroa, ka whakanuia ngā āheinga, ā, ka whakatauhia ngā kōwhiringa i runga i ngā uara e pakari ake ai te waiora whaiaro me te waiora kiritōpū hoki.

### **Te Waiora Hinengaro, Te Waiora Kare ā-Roto hoki**

- Te Tūārere 1: Ka whakaingoa te mokopuna i ngā kare ā-roto, ka haratau i te noho mauri tau, ka pāhekoheko hoki i runga i te ngākau pai mā roto mai i te tākaro me ngā ritenga o ia rā ka arahina.
- Te Tūārere 2: Ka whakapuakina, ka whakautua hoki ngā kare ā-roto i runga i te whakaute, ka whakapakarihia ngā pūkenga hononga, ka whakawhanake hoki i te ngākau aroha mā roto mai i ngā pāhekoheko kauawhi.
- Te Tūārere 3: Ka whakahaere te mokopuna i ngā āhuetanga o ngā kare ā-roto e panoni haere ana me ngā horopaki pāpori e tuatini ana, ka whakamahia hoki ngā rautaki huritao mō te waiora.
- Te Tūārere 4: Ka tātaritia ngā āhuetanga aropā, ka whai māramatanga mō te awenga o ngā uara ki ngā hononga, ka ārahi hoki i ngā ara ngātahi mō te waiora hinengaro me te waiora kare ā-roto.

### **Te Waiora Tinana**

- Te Tūārere 1: Ka whai wāhi te mokopuna ki ngā mahi ā-tinana, ka whakawhanake i te aroā tinana me te aroā mokowā, tae atu ki te tūāpapa o te noho haumaruru i te wai.
- Te Tūārere 2: Ka whakamahi, ka whakapakari hoki ia i ngā pūkenga me ngā ariā mō te nekeneke, ka hōpara i ngā rautaki mō te whai wāhinga e haumaruru ana, e whai hua ana hoki.
- Te Tūārere 3: Ka whakapai ake te mokopuna i ngā pūkenga nekeneke me te whakataunga rautata i ngā horopaki o te mahi tahi me te whakataetae.
- Te Tūārere 4: Ka arotake ia i ngā kaupapa me ngā rautaki mō te nekeneke, ka whakamahi hoki ia i ngā tirohanga ahurea me ngā tirohanga matatika i ngā horopaki o ngā mahi ā-tinana.

### **Te Waiora Taiao**

- Te Tūārere 1: Ka whai wheako te mokopuna mō te wāhi ki ngā taiao rerekē e rongorongo ai ia i te waiora, ka tiaki hoki i ngā wāhi me ngā kaiao.
- Te Tūārere 2: Ka kitea ngā hononga mataaho i waenga i te taiao me te waiora, ka hōparatia ngā āhua o te maramataka Māori me ngā tikanga ā-rohe.
- Te Tūārere 3: Ka whakamahi te mokopuna i ngā ritenga taiao e ora ai ngā wāhi, ka poipoi hoki ia i te kaitiakitanga me te toitūtanga.
- Te Tūārere 4: Ka huritao ia mō te matatika, ka mahi tahi ki ngā rōpū hāpori, ka arotake hoki i ngā kaupapahere hei tautoko i te waiora kiritōpū.

## Te āhua me te roa o te wā arotake

Nā te mea e wātea ana ngā kōrero hukihuki o Te Marautanga o Aotearoa mō Ngā Tau 0–10, e whai ana mātou ki te rongo i te whānuitanga o ngā kōrero arotake i ngā kaiako, i ngā kaiwhakahaere, i ngā mātua me te hunga whai pānga atu i tēnei rā tae noa ki te Paraire, te 24 o Āperira 2026. Mā ēnei kōrero e hāpai tā mātou whakahou me tā mātou whakaū i ngā tuhinga hukihuki kia tuhinga ōkawa.

E tono ana mātou i ō koutou whakaaro mō te āhua o te tika o ngā mōhiotanga kei ia wāhanga ako, mēnā he mōhiotanga e hapa ana e tika ana kia whai wāhi mai, mēnā hoki e tika ana te raupapatanga o te whakaakona o ngā mōhiotanga. Mā tēnei e kaha ake ai tā te mokopuna koke me tana angitu.

I te Wāhanga 1 o 2026, ka rere ngā whakamātautau ki rō akomanga o ngā tuhinga hukihuki o ngā wāhanga ako o Ngā Tau 0–10, me ētahi atu ara whakatakoto kōrero arotake.

Ko te whāinga ia kia whakaputaina Te Marautanga o Aotearoa kua oti katoa, kua whai mana hoki, i te puku o te tau 2026. Me mātua whakaako te wāhanga ako o Te Waiora o Ngā Tau 0–10:

- ki Ngā Tau 0–10 atu i te tīmatanga o te tau 2027
- ki Ngā Tau 0–11 atu i te tīmatanga o te tau 2028.

[E wātea ana ngā puka arotake ā-ipurangi ki Tāhūrangi.](#)

*Kua oti i a mātou te rārangi wā mō Te Marautanga o Aotearoa (me te New Zealand Curriculum) te whakahou. Kei raro iho nei te whakarāpopotonga o aua kōrero.*

## Te Whakahoutanga o Te Marautanga o Aotearoa (me te New Zealand Curriculum)

| 2025                                                                                                                            | 2026                                                                                                                                                                                                                                               | 2027                                                                                                                                                                                                                                                                                                                                                              | 2028                                                                                                                                                                                                                                                                                                                                                              | 2029                                                                                                                                                                                                                                                                                                                                                              | 2030                                                                                                                                                                                                                                                                                                                                                              |
|---------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Me mātua whakaako i a Te Reo Rangatira me <i>English</i> , Tau 0–6; i a Pāngarau me <i>Mathematics and Statistics</i> , Tau 0–8 | Me mātua whakaako i a Te Reo Rangatira me <i>English</i> , Tau 0–10; i a Pāngarau me <i>Mathematics and Statistics</i> , Tau 0–10<br><br>Ka rite ngā wāhanga ako me ngā anga marau katoa. Ka akiaki i te whakamahinga o ngā kai katoa kei te Tau 9 | Me mātua whakamahi ngā wāhanga ako katoa o te marautanga i ngā Tau 9–10<br><br>Me mātua whakamahi hoki i a Pūtaiao me <i>Science</i> ; a Te Ao Māori me <i>Social Sciences</i> ; a Te Waiora me <i>Health &amp; Physical Education</i> i ngā Tau 0–8                                                                                                              | Me mātua whakamahi ngā wāhanga ako me ngā anga marau katoa o te marautanga i ngā Tau 0–11                                                                                                                                                                                                                                                                         | Me mātua whakamahi ngā wāhanga ako me ngā anga katoa o te marautanga i ngā Tau 0–12                                                                                                                                                                                                                                                                               | Me mātua whakamahi ngā wāhanga ako me ngā anga katoa o te marautanga i ngā Tau 0–13                                                                                                                                                                                                                                                                               |
| Te Reo Rangatira 0–6<br>English 0–6<br>Pāngarau 0–8<br>Mathematics and Statistics 0–8                                           | Te Reo Rangatira 0–10<br>English 0–10<br>Pāngarau 0–10<br>Mathematics and Statistics 0–10                                                                                                                                                          | Te Reo Rangatira 0–10<br>English 0–10<br>Pāngarau 0–10<br>Mathematics and Statistics 0–10<br>Pūtaiao 0–10<br>Science 0–10<br>Te Ao Māori 0–10<br>Social Sciences 0–10<br>Waiora 0–10<br>Health & Physical Education 0–10<br>Toi Ihiihi 9–10<br>The Arts 9–10<br>Hangarau 9–10<br>Technology 9–10<br>Ngā Reo 9–10<br>Learning Languages 9–10<br>Te Reo Pākehā 9–10 | Te Reo Rangatira 0–11<br>English 0–11<br>Pāngarau 0–11<br>Mathematics and Statistics 0–11<br>Pūtaiao 0–11<br>Science 0–11<br>Te Ao Māori 0–11<br>Social Sciences 0–11<br>Waiora 0–11<br>Health & Physical Education 0–11<br>Toi Ihiihi 0–11<br>The Arts 0–11<br>Hangarau 0–11<br>Technology 0–11<br>Ngā Reo 0–11<br>Learning Languages 0–11<br>Te Reo Pākehā 0–11 | Te Reo Rangatira 0–12<br>English 0–12<br>Pāngarau 0–12<br>Mathematics and Statistics 0–12<br>Pūtaiao 0–12<br>Science 0–12<br>Te Ao Māori 0–12<br>Social Sciences 0–12<br>Waiora 0–12<br>Health & Physical Education 0–12<br>Toi Ihiihi 0–12<br>The Arts 0–12<br>Hangarau 0–12<br>Technology 0–12<br>Ngā Reo 0–12<br>Learning Languages 0–12<br>Te Reo Pākehā 0–12 | Te Reo Rangatira 0–13<br>English 0–13<br>Pāngarau 0–13<br>Mathematics and Statistics 0–13<br>Pūtaiao 0–13<br>Science 0–13<br>Te Ao Māori 0–13<br>Social Sciences 0–13<br>Waiora 0–13<br>Health & Physical Education 0–13<br>Toi Ihiihi 0–13<br>The Arts 0–13<br>Hangarau 0–13<br>Technology 0–13<br>Ngā Reo 0–13<br>Learning Languages 0–13<br>Te Reo Pākehā 0–13 |

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## Ngā Ara Tautoko

E mārama ana ki a mātou te korenga o te whakatinanatanga whai take me te huringa toitū e tutuki i te wā poto — he haepapa tūroa me pīkau i runga i te mahi tahi. Hei hāpai i te rārangi whakatutuki i ngā whakahoutanga o te marautanga, ka tautokona ngā kura i ia kaunekehanga.

Ka whai wāhi mai ēnei tūmomo ara tautoko:

- Ngā-Ara-Tautoko-mō-te-Whakatinana-Marautanga-nā-te-Tāhūhū\_TMoA.pdf
- Te-Māramatanga-ki-tētahi-Marautanga-e-Matatini-ana-ngā-Mōhiotanga\_A3.pdf

Ka kitea ngā rauemi tautoko i te pae tukutuku o Tāhūrangi: [TMoA Implementation Supports](#)



# Waiora learning area

## Years 0–10

28 January 2026

**Priority 1:** Establishing a knowledge-rich curriculum grounded in the science of learning.

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**We're pleased to release the draft content for Te Marautanga o Aotearoa Years 0–10 Waiora.**

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Consultation is now open on the draft content for Te Marautanga o Aotearoa Years 0–10 Waiora learning area. The content is now available [here](#).

This information sheet summarises key things to note about the updated learning area, and what you will see in each strand. There is also information about how you can participate in the consultation process, and what supports we can provide to help you do that.

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### Key things to note

- Waiora replaces what was previously called Hauora within Te Marautanga o Aotearoa. Promoting lifelong wellbeing, Waiora is underpinned by the principles of Hauora, which engender balance and harmony in life and living. Hauora recognises the interconnectedness of health and wellbeing, while Waiora reflects the relational balance between people, place, and experiences.
- Through their learning mokopuna are encouraged to be their authentic selves and proud of who they are. Waiora promotes enjoyment, achievement, and satisfaction through participation in movement and physical activity, while strengthening self-awareness, emotional capability, and social resilience.
- Mokopuna learn about food and nutrition, developing an understanding of healthy food choices and practices that support balanced nutrition and energy for growth and activity. They explore the physical body and growth, learning how the body changes over time, including growth, development, and the factors that influence physical and mental wellbeing.
- A parent or whānau with mokopuna enrolled at a state school or kura may, in writing, ask the principal or person responsible for teaching and learning to ensure their mokopuna is released from tuition in specified parts of the Waiora learning area related to sexuality education. From Year 8, a specific focus on sex education is introduced in the learning area to make it easier to identify content that parents are likely to consider to be sexuality education.

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## What you will notice in Waiora

### Across all years

- The learning area provides a clear year-by-year teaching sequence, supporting mokopuna to progress from exploring identity, feelings, and safe routines in Phase 1 to managing complex social situations, refining movement capabilities, and evaluating ethical, community-connected wellbeing actions in Phase 4.
- It also provides detailed learning progressions across Years 0–10, using ‘mokopuna know’ and ‘mokopuna can’ statements as part of the teaching sequence. These year-by-year progressions offer clarity for kaiako and ensure that learning is scaffolded and consistent across year levels.
- Waiora is organised into four strands and focus on developing grounded mokopuna, who will become future leaders, critical and creative thinkers, ready to collaborate with others. The four strands include:
  - Personal Wellbeing
  - Mental and Emotional Wellbeing
  - Physical Wellbeing
  - Environmental Wellbeing
- In the first six years of schooling, all strands are taught concurrently. From Year 7 onwards, students work to deepen their knowledge and prepare for specialised subject.

### Personal Wellbeing

- Phase 1: Mokopuna explore identity, growth, and feelings through everyday routines and guided activities. They learn simple strategies for safety and self-care, building belonging and confidence.
- Phase 2: Focus shifts to self-management and autonomy. Mokopuna practise making choices, respecting boundaries, and reflecting on wellbeing through checklists and self-talk.
- Phase 3: Mokopuna navigate adolescent growth and development, critique health messages, and apply strategies for resilience and empathy in dynamic social contexts.
- Phase 4: Mokopuna consolidate identity and resilience, celebrate strengths, and lead values-aligned decisions that enhance personal and collective wellbeing.

### Mental and Emotional Wellbeing

- Phase 1: Mokopuna name emotions, practise emotional regulation, and interact positively with others through play and guided routines.
- Phase 2: They express and respond to emotions respectfully, strengthen relationship skills, and develop empathy through inclusive interactions.
- Phase 3: Mokopuna manage changing emotional states and complex social situations, applying reflective strategies for wellbeing.
- Phase 4: They analyse peer dynamics, understand how values shape relationships, and lead collaborative solutions for mental and emotional wellbeing.

## Physical Wellbeing

- Phase 1: Mokopuna participate in movement activities, developing body and spatial awareness, including early water safety.
- Phase 2: They apply and strengthen movement skills and concepts, exploring strategies for safe and purposeful participation.
- Phase 3: Mokopuna refine movement skills and tactical decision-making in cooperative and competitive settings.
- Phase 4: They evaluate movement programmes and strategies, applying cultural and ethical considerations to physical activity contexts.

## Environmental Wellbeing

- Phase 1: Mokopuna experience how different environments contribute to feelings of waiora, caring for places and living things.
- Phase 2: They make explicit links between environment and health, exploring Māori lunar calendar rhythms and local practices.
- Phase 3: Mokopuna apply Māori environmental practices to create healthy places, fostering custodianship and sustainability.
- Phase 4: They reflect on ethics, collaborate with community organisations, and evaluate policies to sustain collective wellbeing.

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## Engagement and timeline

Now that Te Marautanga o Aotearoa draft content is available, we are aiming to get a wide range of feedback from teachers, leaders, parents, and other interested parties between now and Friday 24 April 2026. This will inform us when we update and finalise the drafts.

We want your input on whether we're including the right content in each learning area, whether anything is missing that should be there, and whether the content is being taught in the right sequence. This will help us to strengthen mokopuna progress and achievement.

In Term 1, 2026, there will be in-class testing of draft Year 0–10 learning areas and other opportunities to provide feedback.

The full and final National Curriculum is planned for formal release in mid-2026. Year 0–10 Waiora learning area will become required teaching in:

- Years 0–10 from the start of 2027
- Years 0–11 from the start of 2028.

[Online feedback forms are available on Tāhūrangi.](#)

*We have updated the National Curriculum timeline and summarised this information below.*

## The Refreshed National Curriculum

| 2025                                                                                                 | 2026                                                                                                                                                                                                                    | 2027                                                                                                                                                                                                          | 2028                                                                                     | 2029                                                                                     | 2030                                                                                     |
|------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| English and Te Reo Rangatira 0-6 and Mathematics and Statistics and Pāngarau 0-8 required to be used | English and Te Reo Rangatira 0-10 and Mathematics and Statistics and Pāngarau 0-10 required to be used<br><br>All learning areas, wāhanga ako and curriculum frameworks available. Encouraged use of all Year 9 content | Full curriculum required to be used for Years 9-10<br><br>For Years 0-8 use requirements are extended to include Science and Pūtaiao, Social Sciences and Te Ao Māori, Health & Physical Education and Waiora | All Years 0-11 learning areas, wāhanga ako and curriculum frameworks required to be used | All Years 0-12 learning areas, wāhanga ako and curriculum frameworks required to be used | All Years 0-13 learning areas, wāhanga ako and curriculum frameworks required to be used |
| English 0-6<br>Te Reo Rangatira 0-6                                                                  | English 0-10<br>Te Reo Rangatira 0-10                                                                                                                                                                                   | English 0-10<br>Te Reo Rangatira 0-10                                                                                                                                                                         | English 0-11<br>Te Reo Rangatira 0-11                                                    | English 0-12<br>Te Reo Rangatira 0-12                                                    | English 0-13<br>Te Reo Rangatira 0-13                                                    |
| Mathematics and Statistics 0-8                                                                       | Mathematics and Statistics 0-10                                                                                                                                                                                         | Mathematics and Statistics 0-10                                                                                                                                                                               | Mathematics and Statistics 0-11                                                          | Mathematics and Statistics 0-12                                                          | Mathematics and Statistics 0-13                                                          |
| Pāngarau 0-8                                                                                         | Pāngarau 0-10                                                                                                                                                                                                           | Pāngarau 0-10                                                                                                                                                                                                 | Pāngarau 0-11                                                                            | Pāngarau 0-12                                                                            | Pāngarau 0-13                                                                            |
|                                                                                                      |                                                                                                                                                                                                                         | Science 0-10<br>Pūtaiao 0-10                                                                                                                                                                                  | Science 0-11<br>Pūtaiao 0-11                                                             | Science 0-12<br>Pūtaiao 0-12                                                             | Science 0-13<br>Pūtaiao 0-13                                                             |
|                                                                                                      |                                                                                                                                                                                                                         | Social Sciences 0-10                                                                                                                                                                                          | Social Sciences 0-11                                                                     | Social Sciences 0-12                                                                     | Social Sciences 0-13                                                                     |
|                                                                                                      |                                                                                                                                                                                                                         | Te Ao Māori 0-10                                                                                                                                                                                              | Te Ao Māori 0-11                                                                         | Te Ao Māori 0-12                                                                         | Te Ao Māori 0-13                                                                         |
|                                                                                                      |                                                                                                                                                                                                                         | Health & Physical Education 0-10                                                                                                                                                                              | Health & Physical Education 0-11                                                         | Health & Physical Education 0-12                                                         | Health & Physical Education 0-13                                                         |
|                                                                                                      |                                                                                                                                                                                                                         | Waiora 0-10                                                                                                                                                                                                   | Waiora 0-11                                                                              | Waiora 0-12                                                                              | Waiora 0-13                                                                              |
|                                                                                                      |                                                                                                                                                                                                                         | The Arts 9-10                                                                                                                                                                                                 | The Arts 0-11                                                                            | The Arts 0-12                                                                            | The Arts 0-13                                                                            |
|                                                                                                      |                                                                                                                                                                                                                         | Toi Ihilhi 9-10                                                                                                                                                                                               | Toi Ihilhi 0-11                                                                          | Toi Ihilhi 0-12                                                                          | Toi Ihilhi 0-13                                                                          |
|                                                                                                      |                                                                                                                                                                                                                         | Technology 9-10                                                                                                                                                                                               | Technology 0-11                                                                          | Technology 0-12                                                                          | Technology 0-13                                                                          |
|                                                                                                      |                                                                                                                                                                                                                         | Hangarau 9-10                                                                                                                                                                                                 | Hangarau 0-11                                                                            | Hangarau 0-12                                                                            | Hangarau 0-13                                                                            |
|                                                                                                      |                                                                                                                                                                                                                         | Learning Languages 9-10                                                                                                                                                                                       | Learning Languages 0-11                                                                  | Learning Languages 0-12                                                                  | Learning Languages 0-13                                                                  |
|                                                                                                      |                                                                                                                                                                                                                         | Ngā Reo 9-10                                                                                                                                                                                                  | Ngā Reo 0-11                                                                             | Ngā Reo 0-12                                                                             | Ngā Reo 0-13                                                                             |
|                                                                                                      |                                                                                                                                                                                                                         | Te Reo Pākehā 9-10                                                                                                                                                                                            | Te Reo Pākehā 0-11                                                                       | Te Reo Pākehā 0-12                                                                       | Te Reo Pākehā 0-13                                                                       |

## Supports

We understand that effective implementation and sustainable change cannot be achieved overnight — it is a shared and ongoing commitment. To support the updated curriculum timeline, schools and kura will be supported every step of the way.

These supports will include:

- Curriculum-Implementation-Supports-from-MOE\_TMoA.pdf
- Understanding-the-Knowledge-Rich-Curriculum\_A3.pdf

Support material can be found on Tāhūrangi: [TMoA Implementation Supports](#)